

**SCREENING TEST FOR THE POSTS OF MEDICAL OFFICER
(AYURVEDIC)**

**JAMMU AND KASHMIR PUBLIC SERVICE COMMISSION
RAIL HEAD COMPLEX, JAMMU.**

Notice

Dated: 25.02.2008.

It is notified for the information of all concerned candidates who have applied for the posts of **MEDICAL OFFICER (AYURVEDIC)** in response to Notification Nos. 03-PSC Of 2007 dated 15.03.2007, that J&K Public Service Commission is going to conduct a screening test to short list candidates for interview. The syllabus of **Medical Officer (Ayurvedic)** for the screening test is notified for the information of candidates as under: -

1. **Ayurveda Itihasaya (History of Ayurveda)** 10 MARKS

- a. Introduction of Ayurveda and Astang Ayurveda.
- b. Information of Ayurveda during different eras.
- c. Description of ancient Ayurveda.
- d. Description of recent Ayurvedists.
 - e. The factors that led to the deterioration of Ayurveda system of Medicine.

2. **Astang Sangrha (Eight branches of Ayurveda)** 10 MARKS

- a. Ayurveda Avtaran Itihaas.
- b. Four Limbs (Basic factors of Treatment.)
 - i. Quality of Physician
 - ii. Quality of Drugs.
 - iii. Quality of Nurse.
 - iv. Quality of Patient.
 - c. Importance of Fully equipped Physician.
 - d. General Diseases.
 - e. General consideration regarding diets.
 - f. Process of digestion and Metabolism.

3. **Rachna Sharir (Human Anatomy)** 10 MARKS

- a. Sharir Vyakya.
- b. Garbha Sharira Rachna (Embryology)
- c. Asthi Sharir Rachna (Osteology)
- d. Koshta, Koshtanga and Aashaya (Splanchnology)
- e. Srothas Sharira (Vascular system of Body)

4. **Rog-Vigyan Avam Vikriti Vigyan (Pathology)** 15 MARKS

- a. Thri Doshas
- b. Vyadhi Kshamathra

Its concept, importance and varieties.

 - c. Classification of diseases according to srotas.
 - d. Rogi Pariksha.
 - e. Details about history taking.

5. **Kaya Chikitsa (Medicine)** 20 MARKS

- a. Jwara, Navajwara, Jeernajwara, Vathaja, Pithaja.
- b. Grahani, Arshas.
- c. Hridroga.
- d. Kushta (Differences and Comparison of Vatharaktha and Kushta).
 - e. Masurika, Laghu Masurika, Small pox, Chicken pox, measles and other infectious diseases, examination and comparative study of concept of Ayurvedic and modern medical sciences.
 - f. Mental Diseases (Including special traditional treatment).
 - g. Involvement of kaya chikitsa in poisoning and accident.

6. **Kaumar Bharitya (Paediatrics)** 10 MARKS

- a. Introduction and history of kaumarabrithya.
- b. Stage of childhood and classification of age.
- c. Growth and development, dentition.
- d. Nutrition according to different ages. Breast Milk, Wet-nurse and Milk substitutes.
- e. Infectious diseases.
 - f. Malnutrition.
 - g. Mental Health and related problems in Children.
 - h. Immunization Schedule.

7. **Prasuti Tantra Avam Stri-Rog (Gynae and Obst.)** 15 MARKS

- a. Anatomy of Female.
- b. Garbha Vigyana (Embryology)
- c. Fetal Disorders.
- d. Diseases of pregnant mother.
- e. Birth control methods.
- f. Sexually transmitted diseases of women.

8. **Shalakya Tantra (ENT)** 15 MARKS

- a. Shalakya Definitions, History and development Branches of Shalakya-Nethra (Eye), Sirarsa (Head), Karna (Ear), Nasa (Nose) and Mukha (Mouth)
- b. Nethra Roga – (Eye Diseases)
- c. Shiroroga – (Head Diseases)
- d. Karna Roga – (Ear Diseases)
- e. Nasa-roga (Nasal Disorders)
- f. Mukha Rog. (Oral Diseases)

9. **Shalya (Surgery)** 15 MARKS

- a. Origin of Shalya Thantra, the place of Shalya Thantra in eight Fold. Ayurveda, Deterioration of Ayurveda Surgery.
- b. Classification of Diseases.
- c. Method of Rakta Nivarana (Haemostasis).
- d. Bandaging.
- e. Paschath Karwa (Post operative care)
- f. Application of kshara (Caustics).

- g. Arbuda (Tumours)
- h. Rajayakshama (Tuberculosis)
- i. Diseases of the chest, diseases of the breast, breast abscess, diseases of pleura.
- f. Diseases of the liver. **TOTAL – 120 MARKS**

Sd/-
Secretary

J&K Public Service Commission
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